AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

	Peas & Sweetcorn MONDAY	Carrots & Green Beans TUESDAY	Cabbage & Carrots WEDNESDAY	Carrots & Sweetcorn THURSDAY	Baked Beans & Peas FRIDAY
HOT DISHES — OPTION 1	**Cheese and Tomato Pizza** with Potato Wedges (V)	**Pork Sausage Bites** with Mashed Potato and Gravy	**Roast Chicken** with Roast Potatoes and Gravy	**Minced Beef and Onion Pie** with Mashed Potato	**Fish Fingers** with Chips
HOT DISHES — OPTION 2	**Creamy Garlic Pasta** (V)	**Sweet Potato and Lentil Curry** with Wholegrain Rice (VE)	**Sweet Potato and Chickpea Roast** with Roast Potatoes and Gravy (VE)	**Yellow Vegetable Curry** with Wholegrain Rice (VE)	**Veggie Fingers** with Chips (VE)
HOT DISHES — OPTION 3	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)
	HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES — OPTION 4	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans or Tuna Mayo**	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans or Tuna Mayo**	**Jacket Potato with Cheese or Baked Beans**
DELI DISHES — OPTION 5	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	**Lemon Cookie** (VE)	**Jelly** with Fruit Slices	**Crispy Crackle Bar** with Fruit Slices	**Jam Slice**	**Chocolate Ice Cream**

TASTY

FRUITY!

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026.

AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

	Peas & Sweetcorn MONDAY	Carrots & Green Beans TUESDAY	Cabbage & Carrots WEDNESDAY	Carrots & Sweetcorn THURSDAY	Baked Beans & Peas FRIDAY
HOT DISHES — OPTION 1	**Cheese and Tomato Pizza** with Potato Wedges (V)	**Chicken, Cheese & Ham Turnover** with Herby Diced Potatoes	**Roast Gammon** with Roast Potatoes and Gravy	**Chicken in Katsu Sauce** with Wholegrain Rice	**Fish Fingers** with Chips
HOT DISHES — OPTION 2	**Tomato & Pepper Pasta Bake** with a Garlic Doughball (V)	**Chinese Vegetable Rice** (V)	**Quorn Roast** with Roast Potatoes and Gravy (V)	**Macaroni Cheese** (V)	**Quorn Dippers** with Chips (VE)
HOT DISHES — OPTION 3	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)
	HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES — OPTION 4	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans or Tuna Mayo**	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans or Tuna Mayo**	**Jacket Potato with Cheese or Baked Beans**
DELI DISHES — OPTION 5	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	**Ginger Biscuit** (VE)	**Apple and Berry Crumble** with Custard	**Jelly** with Fruit Slices	**Chocolate Brownie**	**Strawberry Ice Cream**

TASTY

FRUITY!

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

V Vegetarian VE Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice H Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026.

AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	Peas & Sweetcorn MONDAY	Carrots & Green Beans TUESDAY	Cabbage & Carrots WEDNESDAY	Carrots & Sweetcorn THURSDAY	Baked Beans & Peas FRIDAY
HOT DISHES OPTION 1	**Cheese and Tomato Pizza** with Potato Wedges (V)	**Bacon and Pea Pasta Bake** with Garlic Bread	**Roast Pork** with Roast Potatoes and Gravy	**Beef Bolognese** with Wholewheat Pasta	**Fish Fingers** with Chips
HOT DISHES OPTION 2	**Red Pepper and Pesto Spaghetti** (V)	**Chinese Vegetable Noodles** (V)	**Quorn Roast** with Roast Potatoes and Gravy (V)	**Cheesy Bean Burrito** with Wholegrain Rice (V)	**Quorn Dippers** with Chips (VE)
HOT DISHES OPTION 3	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)	**Tomato Pasta** Fresh, Homemade Tomato Sauce with Pasta (V)
	HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES OPTION 4	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Salmon Mayo**	**Jacket Potato with Cheese or Baked Beans**	**Jacket Potato with Cheese, Baked Beans or Tuna Mayo**	**Jacket Potato with Cheese or Baked Beans**
DELI DISHES OPTION 5	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**	**Ham, Cheese or Tuna Mayo Baguette**	**Ham or Cheese Baguette**
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	**Oat Cookie** with Fruit Slices (VE)	**Berry Blondie** with Fruit Slices	**Banoffee Mousse**	**Apple and Golden Syrup Sponge**	**Vanilla Ice Cream**

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026.