

# WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	NOODLE BAR	NOODLE BAR	<p><b>HOT DISHES:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>SALADS:</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad   </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>SANDWICHES/BAGUETTES:</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich </li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>CLT Baguette </li> </ul> <p><b>WRAPS:</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap </li> <li>Chicken Tikka Wrap </li> </ul>
	<b>SATAY CHICKEN PHO</b>	<b>SPICED VEGETARIAN PHO</b>	
<b>TUE</b>	BURGER BAR	BURGER BAR	
	<b>BEEF BURGER</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	<b>BEETROOT AND FETA BURGER</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	
<b>WED</b>	HOT DELI	HOT DELI	
	<b>SPICY VIETNAMESE CHICKEN BANH MI BUN</b>	<b>STICKY BBQ QUORN PITTA</b>	
<b>THURS</b>	STREET	STREET	
	<b>CHICKEN KATSU</b> Served with Wholegrain Rice and Nut Free Satay Sweetcorn	<b>MACARONI CHEESE</b>	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	<b>BATTERED FISH</b> Served with Chips, Baked Beans and Peas	<b>VEGGIE BURGER</b> Served with Chips, Baked Beans and Peas	

Vegetarian 
 Vegan 
 Oily Fish 
 Wholegrain 
 Nutritionist's Choice 
 Halal

Our menu is subject to change.

# WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	SPICE IS NICE	SPICE IS NICE	<p><b>HOT DISHES:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>SALADS:</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad  </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>SANDWICHES/BAGUETTES:</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich </li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>CLT Baguette </li> </ul> <p><b>WRAPS:</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap </li> <li>Chicken Tikka Wrap </li> </ul>
	<b>CHICKEN TIKKA RICE BOX</b>	<b>SPINACH AND CHICKPEA DAHL</b> Served with Yellow Rice	
<b>TUE</b>	TEX MEX	TEX MEX	
	<b>MEXICAN BEEF ENCHILADA</b> Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	<b>VEGETABLE FAJITA</b> Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
<b>WED</b>	HOT DELI	HOT DELI	
	<b>BEEF BARBACOA ENCHILADA</b>	<b>PERSIAN VEGETABLE PITTA</b>	
<b>THURS</b>	PAN-ASIAN	PAN-ASIAN	
	<b>CHICKEN KOTTU ROTI BOX</b>	<b>SOYA YAKISOBA</b>	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	<b>SOUTHERN FRIED CHICKEN GOUJONS</b> Served with Chips, Baked Beans and Peas	<b>CHEESE AND ONION SLICE</b> Served with Chips, Baked Beans and Peas	

# WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	FEASTIVAL	FEASTIVAL	<p><b>HOT DISHES:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>SALADS:</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad  </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>SANDWICHES/BAGUETTES:</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich </li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>CLT Baguette </li> </ul> <p><b>WRAPS:</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap </li> <li>Chicken Tikka Wrap </li> </ul>
	<b>JERK CHICKEN BURGER</b>	<b>TIGER BHAJI BURGER</b>	
<b>TUE</b>	PAN-ASIAN	PAN-ASIAN	
	<b>MANDARIN CHICKEN</b>	<b>SWEET AND SOUR VEGETABLES</b>	
<b>WED</b>	HOT DELI	HOT DELI	
	<b>PERSIAN CHICKEN KEBAB</b>	<b>STICKY BBQ PITTA</b>	
<b>THURS</b>	STREET	STREET	
	<b>FIRECRACKER BEEF</b>	<b>TERIYAKI VEGETARIAN WRAP</b>	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	<b>BATTERED FISH</b>	<b>VEGETABLE GOUJONS</b>	

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