

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
MON	Chicken Tikka Masala 🌿❤️ with Wholegrain Rice and Spiced Cauliflower	Catalan Spiced Bean and Potato Stew ♻️ with Herb Dumpling and Spiced Cauliflower ❤️
	BURGER BAR	BURGER BAR
TUE	Beef Burger with Potato Wedges and Corn on the Cob	Veggie Burger ♻️ with Potato Wedges and Corn on the Cob
	CLASSICS	CLASSICS
WED	Honey Roast Gammon Baguette with Roast Potatoes and Roasted Autumn Vegetables	Macaroni Cheese ♻️
	STREET	STREET
THUR	Chicken Katsu 🌿 with Wholegrain Rice	Korean Glazed Quorn Flatbread ♻️ with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish with Chips, Baked Beans and Peas	Quorn Sausage Roll ♻️ with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad ❤️
Pesto Pasta Salad 🌿 ♻️ ❤️
Roasted Indian Chickpea Salad ❤️ ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:











Pepper and Houmous Wrap 🌿 ♻️ ❤️
BBQ Chicken Wrap 🌿 ❤️
Chicken Caesar Wrap 🌿 ❤️

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*


GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Sausage and Mash with Vegetables and Gravy	Vegetarian Sausage and Mash  with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
TUE	Chilli Beef Cheese Nachos  with Salad	Rajastan Red Lentil Curry    with Wholegrain Rice
	HOT DELI	HOT DELI
WED	Sage and Onion Chicken Rolled Flatbread with Roast Potatoes and Gravy	Roasted Rainbow Vegetables with Houmous   with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken Yakisoba with Vegetables	Soya Yakisoba   with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap with Chips, Baked Beans and Peas	Cheese and Onion Bake  with Chips, Baked Beans and Peas


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings




SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:











Pepper and Houmous Wrap   
BBQ Chicken Wrap  
Chicken Caesar Wrap  

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	STREET	STREET
MON	Buffalo Chicken with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	Butterbean, Blackbean and Coconut Stew with Wholegrain Rice and Mixed Salad   
	PAN-ASIAN	PAN-ASIAN
TUE	Sweet and Sour Beef Meatballs  with Wholegrain Rice and Satay Sweetcorn	Teriyaki Vegetarian Wrap    with Satay Sweetcorn
	HOT DELI	HOT DELI
WED	Roast Pork and Stuffing Baguette with Baked Garlic and Herb Wedges	Sticky BBQ Quorn Pitta  with Baked Garlic and Herb Wedges
	ITALIAN	ITALIAN
THUR	Bolognese Macaroni Cheese with Garlic and Herb Bread and Mixed Salad	Vegetarian Bolognese Macaroni Cheese with Garlic and Herb Bread and Mixed Salad 
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish with Chips, Baked Beans and Peas	Vegetable Tikka Sausage Roll  with Chips, Baked Beans and Peas


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings






SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap  
Chicken Caesar Wrap 