

WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR	NOODLE BAR	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	SATAY CHICKEN PHO	SPICED VEGETARIAN PHO	
TUE	BURGER BAR	BURGER BAR	
	BEEF BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	BETROOT AND FETA BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	HOT DELI	HOT DELI	
	SPICY VIETNAMESE CHICKEN BANH MI BUN	STICKY BBQ QUORN PITTA	
THURS	STREET	STREET	
	CHICKEN KATSU Served with Wholegrain Rice and Nut Free Satay Sweetcorn	MACARONI CHEESE	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGGIE BURGER Served with Chips, Baked Beans and Peas	

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Nutritionist's Choice
 Halal

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	CHICKEN TIKKA RICE BOX	SPINACH AND CHICKPEA DAHL	
TUE	TEX MEX	TEX MEX	
	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA	
WED	HOT DELI	HOT DELI	
	ROAST GAMMON BAGUETTE Served with Roast Potatoes and Gravy	PERSIAN VEGETABLE PITTA 	
THURS	PAN-ASIAN	PAN-ASIAN	
	CHICKEN KOTTU ROTI BOX	SOYA YAKISOBA	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS Served with Chips, Baked Beans and Peas	CHEESE AND ONION SLICE	

WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	FEASTIVAL	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	JERK CHICKEN BURGER Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER Served with Baked Spiced Wedges and Mixed Salad	
TUE	PAN-ASIAN	PAN-ASIAN	
	MANDARIN BBQ PORK Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	HOT DELI	HOT DELI	
	PERSIAN CHICKEN KEBAB Served with Herby Diced Potatoes and Mixed Salad	STICKY BBQ PITTA Served with Herby Diced Potatoes and Mixed Salad	
THURS	STREET	STREET	
	FIRECRACKER BEEF	TERIYAKI VEGETARIAN WRAP Served with Wholegrain Rice	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGETABLE GOUJONS Served with Chips, Baked Beans and Peas	